

## **Texas Medical Board Press Release**

### **FOR IMMEDIATE RELEASE**

December 7, 2022

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### **TMB restricts Houston physician**

On December 6, 2022, a disciplinary panel of the Texas Medical Board temporarily restricted, with notice, the Texas medical license of Avinash Narine, M.D., (Lic. No. R8063) after determining his continuation in the unrestricted practice of medicine poses a continuing threat to public welfare. The restriction was effective immediately.

Dr. Narine is prohibited from prescribing, administering or dispensing Schedule II controlled substances in Texas other than a prescription written to him by a licensed provider for personal use. Dr. Narine shall not use his Texas license in any jurisdiction to diagnose, treat, or prescribe controlled substances to patients in Texas for chronic or post-surgical, post-procedure, persistent non-chronic pain as defined in Board rules, or engage in the practice of pain management. Dr. Narine may prescribe dangerous drugs and controlled substances for the treatment of acute pain to a patient in Texas on a one-time basis only, for no more than 72 hours, with no refills for any patient.

The Board panel found that Dr. Narine nontherapeutically prescribed controlled substances to 15 patients and violated the applicable standard of care and Board rules relating to the treatment of chronic pain.

The temporary restriction remains in place until the Board takes further action.

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