# TEXAS STATE BOARD OF ACUPUNCTURE EXAMINERS EDUCATION COMMITTEE MEETING MINUTES NOVEMBER 1, 2002

The meeting was called to order at 10:19 a.m. by Chairman, Dee Ann Newbold, L.Ac. Committee members present were Marshall Voris, Ph.D., L.Ac. and Claire H. Smith. Jerry Walker, Deputy Executive Director; Michele Shackelford, J.D., General Counsel; Jennifer Soffer, J.D., Assistant General Counsel; Tim Speer, Manager, Acupuncture/Physician Assistant Division; and various other staff were also present.

Agenda item #3, regarding possible changes to CAE requirements, was considered. Ms. Soffer summarized the issue of whether to include the CAE credit option for acupuncturists who take CAE hours in western medicine. Ms. Leslie Meyers of the Texas Acupuncture Association suggested to the committee to recommend to the full Board that they model the medical board CME requirements with having formal and informal study and allow western medicine credit given under the informal study. Ms. Soffer explained that at this time, the Acupuncture Act, Chapter 205 of the Tex. Occ. Code, does not allow for informal CAE to be approved for CAE credit. Following discussion, Ms. Smith moved, Dr. Voris seconded, and the motion passed to change the CAE ethics requirement to one hour. Following discussion, Dr. Voris moved and Ms. Smith seconded the motion to reduce the required number of CAE hours to 12. Following discussion, an amendment to the motion was made and accepted to reduce the number of CAE hours to 12 plus one hour of ethics to equal a total of 13 required CAE hours. Further amendment was made and accepted to have the 12 hours be general hours rather than require 5 hours to be in herbology as is presently required. The motion passed. Following discussion, Dr. Voris moved, that for the purposes of CAE, the board determine that Western Medicine is related to the practice of acupuncture. The motion died for lack of a second.

Agenda item #2, regarding continuing acupuncture education approval procedures, was considered. Ms. Soffer explained the findings from other states and how they approve CAE courses. Options discussed included having the board (1) approve providers, (2) approve

providers and courses of these providers, or (3) approve providers who have been approved by other organizations, states, accredited schools, or associations to provide CAE for Texas Acupuncture Licensees. Following discussion, the committee directed staff to place this item on the agenda of the next meeting for further discussion.

Agenda item #4, regarding continuing medical education approval procedures of the Texas Medical Association, was considered. Mr. Speer explained the CME approval procedures of the Texas Medical Association.

Agenda item #5 regarding requests for approval of continuing acupuncture education, was considered. Dr. Voris moved, Ms. Smith seconded, and the motion passed to recommend to the full Board that all applications for CAE be approved with the exception of the courses provided by Cameron West, Fillmore, CA and the courses provided by Pacific College of Oriental Medicine - Pacific Symposium 2002. The courses approved are:

Provided by Westlake Acupuncture Clinic, Austin, TX

- a) Japanese Classical Bodywork 8 CAEs General
- b) Japanese Nutritional Medicine 8 CAEs General
- c) Japanese Classical Acupuncture -8 CAEs General

Provided by Blue Poppy Institute, Boulder, CO

- a) Treating Pain with Moxibustion & Adjunctive Therapies 8 CAEs General
- b) Secrets of Chinese Pulse Diagnosis 16 CAEs General

Provided by American College of Acupuncture & Oriental Medicine, Houston, TX

- a) TCM Approach to Hallucinations 1 CAE Herbal/2 CAEs General
- b) Western and TCM Treatment for Urinary Tract Infections -

#### 2 CAEs Herbal/1 CAE General

- c) Sleep Disorders: Western and TCM View 3 CAEs General
- d) TCM Treatment for Postpartum Depression 3 CAEs Herbal
- e) Ear Infection in Children: Western and TCM Aspects 2 CAEs General
- f) Western and TCM Approaches to Obsessive Compulsive Disorder (OCD) -

## 2 CAEs General

- g) Stress Management 2 CAEs General/1 CAE Herbal
- h) Treatment of Excessive Sweating 2 CAEs Herbal
- i) Herbal Remedies for Ovarian Cysts 1 CAE General/2 CAEs Herbal
- j) TCM Approach to Excessive Dreaming 2 CAE General
- k) Western and TCM Approaches to Parkinson's Disease -

## 2 CAEs General/1 CAE Herbal

- 1) Alleviating Morning Sickness 1 CAE General/1 CAE Herbal
- m) TCM Treatment for Carpal Tunnel Syndrome 2 CAE General
- n) Herbal Treatments for Thyroid Disorders 1 CAE General/1 CAE Herbal
- o) Acupuncture and Tui-Na Techniques for Frozen Shoulder 2 CAEs General
- p) Acupuncture and Tui-Na Techniques for Low Back and Sciatic Pain -

#### 2 CAEs General

- q) Prostatism 2 CAEs Herbal
- r) Laboratory Result Interpretation 2 CAEs General
- s) Interpretation of Imaging Text Reports 2 CAEs General
- t) Western and TCM Approach for Hypercholesteremia -

## 2 CAEs Herbal/1 CAE General

- u) Diabetes Mellitus 2 CAEs Herbal
- v) Acne and differential diagnosis 2 CAEs Herbal/1 CAE General
- w) Antibiotic actions of herbs and infectious diseases 2 CAEs Herbal
- x) Weight control Oriental Medicine Perspective on How to Lose and Gain

# Weight - 2 CAEs Herbal/1 CAE General

y) Dietary precautions in some of the common diseases (Part I) -

## 2 CAEs Herbal

z) Dietary precautions in some of the common diseases (Part II) -

## 2 CAEs Herbal

- aa) Musculoskeletal disorders Physical examination, exercise prescription, and TCM treatment 2 CAEs General
- bb) Modern scientific interpretation of acupuncture therapy 2 CAEs General
- cc) Computerized Pulse and Tongue Examinations 2 CAEs General
- dd) TCM supportive therapy for Chemotherapy and Radiotherapy -

## 2 CAEs Herbal

- ee) How to Improve Your Results With Difficult 3 CAEs Herbal/1 CAE General
- ff) Ocular Acupuncture Therapy Part I 4 CAEs General
- gg) Ocular Acupuncture Therapy Part II 4 CAEs General
- hh) Chinese Medicine and Autoimmune Disease -

#### 5 CAEs Herbal/3 CAEs General

ii) Application of Master Tong's Special Points - 8 CAEs General

Provided by Texas College of Traditional Chinese Medicine, Austin, TX

- a) Treatment of Chronic Gastropathy 4 CAEs General
- b) The application of Tonification Points 6 CAEs General
- c) The Treatment of Hyperlipoproteinemia in TCM 3 CAEs Herbal
- d) Modified application of Pulse Generating Powder (Sheng Mai San) -

#### 2 CAEs Herbal

- e) Ethical dilemmas of a Texas Acupuncturist 2 CAEs Ethics
- f) Six Meridian Syndrome Differentiation and Treatment 4 CAEs General

Following discussion, Ms. Smith moved, Dr. Voris seconded, and the motion passed to recommend to the full Board that the courses provided by Cameron West, Fillmore, CA:

Watsu I, Watsu II, Watsu III, Adaptive/a Clinical Approach be denied due to the fact that these courses do not specifically pertain to the practice of acupuncture.

Dr. Voris moved to approve the CAE courses provided by the Pacific College of Oriental Medicine - Pacific Symposium 2002. The motion died for lack of a second.

Following discussion, Dr. Voris moved, Ms. Smith seconded, and the motion passed to recommend to the full Board that the courses presented by Pacific College of Oriental Medicine - Pacific Symposium 2002 be approved with the exception of A Psycho-Spiritual Approach to the Liver; The Psycho-Emotional Points According to the Classics of Acupuncture; A Psycho-Spiritual Approach to Herbal Practice; and Chinese Medical Pediatrics. The courses approved are:

## Provided by Pacific College of Oriental Medicine - Pacific Symposium 2002

- a) Morning Qi Gong 1 CAE per day General
- b) Pre-Modern case study literature in Chinese Medicine 1 CAE General
- c) Pre-Modern case study literature in Chinese Medicine 3 CAEs General
- d) Enhancing Athletic Performance 1 CAE General & Herbal
- e) Point Combinations for Various Complaints 3 CAEs General
- f) Signs from the Shen 1 CAE General
- g) Reading Shen disturbances 3 CAEs General
- h) Taking Care of the Source: Treating Depression with Chinese Medicine -

#### 3 CAEs General & Herbal

i) Achievements of Acupuncture Treatment in Stroke Rehabilitation -

#### 3 CAEs General

- j) Complementary and Integrated Medicine 2 CAEs General & Ethics
- k) The Measured and the Mindful 1 CAE General
- 1) The Measured and the Mindful 3 CAEs General
- m) Secondary Channels: Warp and Woof 1 CAE General & Herbal
- n) Secondary Channels: Warp and Woof <u>3 CAEs General & Herbal</u>
- o) Healing Promise of Qi 1 CAE General
- p) The 10 Phases of Qi Cultivation and Mastery 3 CAEs General
- q) Treatment and Assessment of Common Running Injuries -

#### 3 CAEs General & Herbal

- r) Trauma: The Silent Destroyer 3 CAEs General
- s) Herbal Update 1 CAE Herbal
- t) Treating Parasites and Fungus 3 CAEs Herbal
- u) Essences and Spirit 1 CAE General
- v) Emotion and the Five Zang Organs 3 CAEs General
- w) Qi and the Nature of TCM Theory 1 CAE General
- x) Taoist Sexual Alchemy 3 CAEs General
- y) Concepts in Integrative Treatment 3 CAEs Ethics

- z) Chasing Symptoms; The Place of the Theory of Xie Qi (Evil Qi) 3 CAEs General
- aa) Reflections from Inside the Establishment 2 CAEs General & Ethics
- bb) The Manifestation of Spirit Through Interaction of the Three Treasures 1 CAE General
- cc) The Five Spirits: A Traditional Approach 3 CAEs General
- dd) Blood Formation and the Qi Stagnation 1 CAE General
- ee) Traditional Thai Massage; Stretching Through Perceived Limitations -

#### 3 CAEs General

- ff) Mixing Herbs, Acupuncture and Fertility Drugs 1 CAE General & Herbal
- gg) Mixing Herbs, Acupuncture and Fertility Drugs 3 CAE General & Herbal
- hh) Management of Cancer Patients with TCM 3 CAEs General & Herbal

Following discussion, Dr. Voris moved, Ms. Smith seconded, and the motion passed to recommend to the full Board that the course A Psycho-Spiritual Approach to the Liver presented by Pacific College of Oriental Medicine - Pacific Symposium 2002 be approved for 3 general and herbal hours of continuing acupuncture education.

Following discussion, Dr. Voris moved, Ms. Smith seconded, and the motion passed to recommend to the full Board that the course The Psycho-Emotional Points According to the Classics of Acupuncture presented by Pacific College of Oriental Medicine - Pacific Symposium 2002 be approved for 7 general hours of continuing acupuncture education.

Following discussion, Dr. Voris moved, Ms. Smith seconded, and the motion passed to recommend to the full Board that the course A Psycho-Spiritual Approach to Herbal Practice presented by Pacific College of Oriental Medicine - Pacific Symposium 2002 be approved for 6 herbal hours of continuing acupuncture education.

Following discussion, Ms. Smith moved, Dr. Voris seconded, and the motion passed to recommend to the full Board that the course Chinese Medical Pediatrics presented by Pacific College of Oriental Medicine - Pacific Symposium 2002 be approved for 7 general hours of continuing acupuncture education.

There being no further business, Ms. Smith moved, Dr. Voris seconded, and the motion passed to adjourn the meeting at 12:04 p.m.